

LUNCH MENU

Main Street Grille in Niantic

SOUPS

- ~ **Lobster Bisque** Crock \$6.49 Cup \$4.99
- ~ **Clear Broth RI Clam Chowder**
Crock \$4.99 Cup \$4.29
- ~ **Creamy NE Clam Chowder**
Crock \$4.99 Cup \$4.29
- ~ **Onion Soup** with Croutons & Melted Swiss Cheese Crock \$4.99 Cup \$3.99
- ~ **Chili Con Carne** Crock \$4.99 Cup \$3.99
ADD: Cheese .49¢
- ~ **Soup du Jour** Crock \$3.99 Cup \$3.29

SALADS

- ~ **Soup du Jour with a Small House Salad** \$6.79 or **Caesar Salad** \$6.99
- ~ **House Salad** Sm \$3.29 Lg \$4.99 ~ **Caesar Salad** Sm \$3.49 Lg \$5.99
- ~ **Chef's Salad** \$9.99 ~ **Cobb Salad** \$9.99
- ~ **Fresh Spinach Salad** \$8.99 ~ **Greek Salad** tossed with Balsamic Vinaigrette \$8.99
- ~ **Main Street Grille Citrus, Fruit & Nut Salad** \$9.99

Add to any Salad: Chicken Breast \$3.49 | Shrimp \$4.99 | Lobster Meat \$9.99 | Sliced Sirloin Steak \$4.99

Dressings: Balsamic, Raspberry or Lemon Vinaigrette, Italian, Creamy Garlic, Creamy Blue Cheese, Thousand Island, Honey Mustard, Parmesan-Peppercorn or Ranch

STARTERS

- ~ **Combo Platter** Potato Skins, Fried Mozzarella & Chicken Wings \$13.99
 - ~ **Chili Cheese Dip** with Tortilla Chips \$7.99
 - ~ **Garlic Bread** \$2.99 topped with Cheese \$4.49
 - ~ **Spinach & Artichoke Dip** with Tortilla Chips \$8.99
 - ~ **Breaded Deep Fried Mozzarella Cheese** with Marinara \$8.49
 - ~ **Mushroom Caps** with Seafood Stuffing \$9.99
 - ~ **Deep Fried Calamari** with Marinara \$8.99
 - ~ **Fresh Mussels** Red (Marinara) \$9.99
 - ~ **Fresh Mussels** White (White Wine) \$9.99
 - ~ **Shrimp Cocktail** \$8.99
 - ~ **Scallops Wrapped in Bacon** \$11.99
 - ~ **Clams Casino** \$9.99
 - ~ **Potato Skins** Cheddar Jack Cheese, Chopped Bacon, Scallions & Sour Cream \$7.29
 - ~ **Chicken Wings** (6) \$7.99 (12) \$13.99 (20) \$19.99
One sauce for every six wings. Add'l Sauces .50¢
BBQ | Buffalo | Teriyaki | Honey Mustard
 - ~ **Deep Fried Chicken Strips**
(4) \$6.99 (8) \$12.99 (12) \$19.99
One sauce for every four strips. Add'l Sauces .50¢
BBQ | Buffalo | Teriyaki | Honey Mustard
 - ~ **Loaded Nachos & Cheese*** with your choice of Pepper Jack or Cheddar Jack Cheese & lightly dusted with Cajun Seasoning \$9.99
 - ~ **Cheese Quesadillas*** with Salsa, Scallions, Black Olives, Sour Cream, Guacamole & your choice of Pepper Jack or Cheddar Jack Cheese lightly dusted with Cajun Seasoning \$6.29
- *ADD: Chicken Breast \$3.49 | Shrimp \$4.99 | Braised Beef Tips \$3.99 | Lobster Meat \$9.99



ENTREES

Accompanied with your choice of any two side dishes unless otherwise specified.
With any entree add a small house salad or a small caesar salad for \$1.99.

POULTRY

- ~ **Oven Roasted Stuffed Boneless Chicken Breast** with Pan Gravy & Cranberry Sauce \$9.99
- ~ **Oven Roasted Turkey Breast** with Pan Gravy, Bread Stuffing & Cranberry Sauce \$8.99
 - ~ **Grilled Boneless Chicken Breast** with Cranberry Sauce \$9.49
 - ~ **BBQ Boneless Chicken Breast** \$9.99
- ~ **Grilled Chicken Teriyaki** - Marinated Boneless Breast with Teriyaki Sauce \$10.49

PORK

- ~ **Baby Back Ribs** brushed with BBQ Sauce - Half Rack \$13.99
 - ~ **BBQ Pulled Pork** \$8.99
- ~ **Pan Seared Boneless Center Cut Pork Chops** sauteed with Garlic & Shallots & finished with an Apple Butter Sauce \$8.99
- ~ **Oven Roasted Boneless Stuffed Pork Chop** with Pan Gravy & Apple Sauce \$9.99

STEAKS

- ~ **Steak Teriyaki** 7 oz. with Teriyaki Sauce \$13.99
 - ~ ***Grilled Boneless Rib Eye Steak** 8 oz. \$12.99
 - ~ ***Grilled Top Sirloin** 7 oz. \$12.99
 - ~ ***Center Cut Boneless NY Sirloin** 6 oz. \$14.99
- *Steaks topped with our House Garlic & Herb Butter

VEAL

- ~ **Veal Scallopini** - Sauteed Veal Medallions in a Light Tomato Sauce with Fresh Spinach, Garlic & Shallots \$12.99
- ~ **Veal Madeira** - Sauteed Veal Medallions in a Madeira Wine Sauce with Button Mushrooms \$12.99

SEAFOOD

- ~ **Fresh Flounder** \$9.49 ~ **Fresh Cod Fish** \$9.49
- ~ **Jumbo Shrimp** \$12.99 ~ **Stonington Sea Scallops** \$13.99
 - Batter Dipped OR Lightly Dusted Deep Fried Golden Brown
 - OR Oven Roasted with Lemon Herb Butter & Lightly Seasoned Bread Crumbs
- ~ **Grilled Salmon Fillet** \$10.99 ~ **Grilled Swordfish** \$11.99 ~ **Grilled Tuna Steak** \$11.99
 - All topped with Lemon Herb Butter
- ~ **Oven Roasted Stonington Sea Scallops** topped with Seafood Stuffing \$14.99
- ~ **Jumbo Shrimp** with Seafood Stuffing \$13.99 ~ **Flounder Fillet** with Seafood Stuffing \$10.49
 - ~ **Jumbo Shrimp & Fillet of Flounder** with Seafood Stuffing \$14.99

ENTREES CONTINUED

Accompanied with your choice of any two side dishes unless otherwise specified.
With any entree add a small house salad or a small caesar salad for \$1.99.

COMFORT

~ **Pot Pies** topped with Pastry Crust - Chicken \$8.99 | Seafood \$12.99

With your choice of a small house or caesar salad.

~ **Shepherd's Pie** with Braised Beef Tips \$9.99 - With your choice of a small house or caesar salad.

~ **Beef Stroganoff** with Braised Beef Tips tossed with Brown Gravy, Mushrooms, Sour Cream & Egg Noodles \$9.99 - With your choice of a small house or caesar salad.

~ **Black Angus Chopped Sirloin Steak 12 oz.** with Mushroom Gravy \$12.99

~ **Meatloaf Wrapped in Bacon** with Brown Gravy \$9.99

PASTA

Accompanied with your choice of a small house or caesar salad.

~ **Breaded Veal Cutlet Parmesan over Spaghetti** with Marinara & Melted Mozzarella Cheese \$13.99

~ **Breaded Chicken Cutlet Parmesan over Spaghetti** with Marinara & Melted Mozzarella Cheese \$10.99

~ **Lasagna** layered with Meatballs, Italian Sausage, Cheeses & Marinara \$9.99

~ **Spaghetti, Meat Balls & Sausage** \$9.99 ADD: Melted Mozzarella Cheese .99¢

~ **Shrimp Scampi** over Angel Hair Pasta \$12.99

~ **Eggplant Parmesan** over Spaghetti \$8.99

*Add to any of the following pasta dishes:

Chicken Breast \$3.49 | Shrimp \$4.99 | Braised Beef Tips \$3.99 | Lobster Meat \$9.99

~ ***Macaroni & Cheese** - Thick & Creamy, topped with Buttery Bread Crumbs \$8.99

~ ***Penne Pasta** Tossed with Broccoli, Tomato, Shallots, Garlic & Extra Virgin Olive Oil \$8.99

~ ***Fettucini Alfredo** \$9.99

SIDE DISHES

~ Seasonal Vegetables \$1.99

~ Steak Fries \$1.99

~ Grilled Peppers, Onions

~ Rice Pilaf \$1.99

~ Mashed Potato \$1.99

& Sauteed Mushrooms \$1.99

~ Cole Slaw \$1.29

~ Baked Potato \$1.99

ADDITIONAL SIDES

*Substitute Side Dish with Entree .99¢

**Substitute Side Dish with Entree \$1.99

~ Macaroni & Cheese \$2.99*

~ Onion Rings \$2.29*

~ Mashed Sweet Potato \$2.99*

~ Grilled Asparagus \$3.99**

~ Baked Sweet Potato \$2.99*

~ Loaded Baked Potato with Bacon & Cheddar Jack Cheese \$3.99**

~ Sweet Potato Fries \$2.99*

SANDWICHES

Your choice of a hard roll, white, rye or whole wheat bread.
Accompanied with Lettuce, Tomato & Onion, French Fries or Cole Slaw & a Pickle Spear.
ADD: Cheese .49¢ - American, Swiss, Mozzarella, Cheddar, Cheddar Jack or Pepper Jack.

~ **Monte Cristo** - Ham & Cheese, Turkey & Cheese or Ham, Turkey & Cheese - \$9.99

~ **Breaded Chicken Cutlet Sandwich** served on a Hard Roll \$8.99

~ **Steak Sandwich** with Grilled Peppers, Onions, Mushrooms &
Cheddar Jack Cheese on a Steak Roll \$9.99

~ **Cheeseburger Sliders** \$7.99

~ **BBQ Pulled Pork Sandwich** on a Hard Roll \$9.99

~ **Grilled Reuben Sandwich**

Corned Beef, Sauerkraut, Swiss Cheese & Thousand Island Dressing \$8.99

~ **Toasted BLT Sandwich** with Mayo \$6.99

~ **Grilled Cheese** \$4.99

~ **Triple Decker Club Sandwich** toasted with Bacon, Lettuce, Tomato & Mayo

Turkey \$9.99 | Roast Beef \$9.99 | Ham \$9.99 | Tuna \$9.99

~ **Grilled Chicken Breast Sandwich** \$8.99 ADD: Bacon .99¢

~ **Grilled Portabella Mushroom Sandwich** served on a Hard Roll with Spinach,

Feta Cheese & Sun-dried Tomatoes with Balsamic Vinaigrette \$9.99

~ **Fried Fish Sandwich** - Battered Dipped or Lightly Dusted Cod or Flounder Fillet with Tartar Sauce \$9.99

~ **Hot Buttered Lobster Roll** \$14.99 ~ **Fried Shrimp Roll** \$12.99 ~ **Fried Scallop Roll** \$13.99

~ **Burger** 6 oz \$6.99 | 10 oz \$8.99

ADD: Cheese .49¢ | Grilled Peppers .49¢ | Grilled Onions .49¢ | Sautéed Mushrooms .49¢ | Bacon .99¢

~ **Hot Dog** \$3.99 ADD: Sauerkraut .29¢ | Cheese .49¢

~ **Chili Dog** \$4.99 ADD: Cheese .49¢

~ **Oven Roasted Turkey Breast Sandwich** \$8.99 **Half Sandwich** \$4.99

~ **Roast Beef Sandwich** \$8.99 **Half Sandwich** \$4.99

~ **Ham Sandwich** \$8.99 **Half Sandwich** \$4.99

~ **Tuna Salad Sandwich** \$8.99 **Half Sandwich** \$4.99

*We will do our best to accommodate all dietary requests. Consumer Advisory: Consumption of raw or uncooked meats, poultry, shellfish, seafood or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.